

TRAMPOLINE, TUMBLING & DMT INTER-REGIONAL CHALLENGE CUP FINAL

6 - 7 JULY 2024

ORIENTATION SCHEDULE

FRIDAY 5 JULY

TRAMPOLINE

GROUP 1	GROUP 2	GROUP 3	GROUP 4
Warm Up Hall Stretching Area 15:00 - 15:30 Warm Up Hall Apparatus 15:30 - 16:00 Field of Play Apparatus 16:00 - 16:30	Warm Up Hall Stretching Area 15:30 - 16:00 Warm Up Hall Apparatus 16:00 - 16:30 Field of Play Apparatus 16:30 - 17:00	Warm Up Hall Stretching Area 16:00 - 16:30 Warm Up Hall Apparatus 16:30 - 17:00 Field of Play Apparatus 17:00 - 17:30	Warm Up Hall Stretching Area 16:30 - 17:00 Warm Up Hall Apparatus 17:00 - 17:30 Field of Play Apparatus 17:30 - 18:00
South West (18) Wales (13) South East (14)	East Midlands (13) West Midlands (19) South (14)	South West (18) Wales (13) South East (14)	East Midlands (13) West Midlands (19) South (14)
GROUP 5	GROUP 6	GROUP 7	GROUP 8
Warm Up Hall Stretching Area 17:00 - 17:30 Warm Up Hall Apparatus 17:30 - 18:00 Field of Play Apparatus 18:00 - 18:30	Warm Up Hall Stretching Area 17:30 - 18:00 Warm Up Hall Apparatus 18:00 - 18:30 Field of Play Apparatus 18:30 - 19:00	Warm Up Hall Stretching Area 18:00 - 18:30 Warm Up Hall Apparatus 18:30 - 19:00 Field of Play Apparatus 19:00 - 19:30	Warm Up Hall Stretching Area 18:30 - 19:00 Warm Up Hall Apparatus 19:00 - 19:30 Field of Play Apparatus 19:30 - 20:00
Northern Ireland (8) North of England (12) Yorkshire (13) London (12)	East (15) Scotland (13) North West (19)	Northern Ireland (9) North of England (12) Yorkshire (13) London (12)	East (16) Scotland (12) North West (19)

DMT

GROUP 1	GROUP 2	GROUP 3	GROUP 4
Warm Up Hall Stretching Area 15:00 - 15:30 Warm Up Hall Apparatus 15:30 - 16:00 Field of Play Apparatus 16:00 - 16:30	Warm Up Hall Stretching Area 15:30 - 16:00 Warm Up Hall Apparatus 16:00 - 16:30 Field of Play Apparatus 16:30 - 17:00	Warm Up Hall Stretching Area 16:00 - 16:30 Warm Up Hall Apparatus 16:30 - 17:00 Field of Play Apparatus 17:00 - 17:30	Warm Up Hall Stretching Area 16:30 - 17:00 Warm Up Hall Apparatus 17:00 - 17:30 Field of Play Apparatus 17:30 - 18:00
South West (18)	West Midlands (15) East Midlands (6)	Wales (6) East (13)	South (16) South East (4)
GROUP 5	GROUP 6	GROUP 7	GROUP 8
Warm Up Hall Stretching Area 17:00 - 17:30 Warm Up Hall Apparatus 17:30 - 18:00 Field of Play Apparatus 18:00 - 18:30	Warm Up Hall Stretching Area 17:30 - 18:00 Warm Up Hall Apparatus 18:00 - 18:30 Field of Play Apparatus 18:30 - 19:00	Warm Up Hall Stretching Area 18:00 - 18:30 Warm Up Hall Apparatus 18:30 - 19:00 Field of Play Apparatus 19:00 - 19:30	Warm Up Hall Stretching Area 18:30 - 19:00 Warm Up Hall Apparatus 19:00 - 19:30 Field of Play Apparatus 19:30 - 20:00
Northern Ireland (9) London (9)	North West (14) Yorkshire (6)	South East (9) North of England (11)	Scotland (18)

TUMBLING

GROUP 1	GROUP 2	GROUP 3	GROUP 4
Warm Up Hall Stretching Area 15:00 - 15:30 Warm Up Hall Apparatus 15:30 - 16:00 Field of Play Apparatus 16:00 - 16:30	Warm Up Hall Stretching Area 15:30 - 16:00 Warm Up Hall Apparatus 16:00 - 16:30 Field of Play Apparatus 16:30 - 17:00	Warm Up Hall Stretching Area 16:00 - 16:30 Warm Up Hall Apparatus 16:30 - 17:00 Field of Play Apparatus 17:00 - 17:30	Warm Up Hall Stretching Area 16:30 - 17:00 Warm Up Hall Apparatus 17:00 - 17:30 Field of Play Apparatus 17:30 - 18:00
East (6) South East (6) West Midlands (7)	London (6) South West (8) South (5)	East (6) South East (5) West Midlands (6)	London (6) South West (7) South (6)
GROUP 5	GROUP 6	GROUP 7	GROUP 8
Warm Up Hall Stretching Area 17:00 - 17:30 Warm Up Hall Apparatus 17:30 - 18:00 Field of Play Apparatus 18:00 - 18:30	Warm Up Hall Stretching Area 17:30 - 18:00 Warm Up Hall Apparatus 18:00 - 18:30 Field of Play Apparatus 18:30 - 19:00	Warm Up Hall Stretching Area 18:00 - 18:30 Warm Up Hall Apparatus 18:30 - 19:00 Field of Play Apparatus 19:00 - 19:30	Warm Up Hall Stretching Area 18:30 - 19:00 Warm Up Hall Apparatus 19:00 - 19:30 Field of Play Apparatus 19:30 - 20:00
North of England (7) Northern Ireland (4) Wales (8) East Midlands (4)	Scotland (8) North West (7) Yorkshire (5)	North of England (8) Northern Ireland (4) Wales (7) East Midlands (4)	Scotland (7) North West (7) Yorkshire (6)